



# Who is Food Insecure?

**Food insecurity** is as a lack of consistent access to enough food for every person in a household to live an active, healthy life.

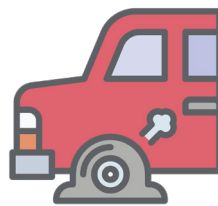
**Food insecurity** can affect anyone at any age.



Many things can cause **food insecurity**. Some causes are:



Losing A Job



Car Problems



Getting Hurt