

SEPTEMBER IS HUNGER ACTION MONTH!



ATLANTA
COMMUNITY
FOOD BANK

We're excited to share **30 Ways in 30 Days** to learn more about food insecurity and how you can make a difference during the month of September. Click the daily challenge links below to view more details!

1

Check out acfb.org and get the [facts on hunger](#).

2

Like Cheesecake?
Visit The Cheesecake Factory and order a slice of Brownie Crunch Choc-a-Lot to help fight hunger.



3

Sign up for the [Food Bank's e-newsletter](#).

4

It's National Food Bank Day!
[Learn more](#) about how the Atlanta Community Food Bank works.

5

The average daily SNAP (food stamps) allotment per person is \$6.15. **Today, try to eat on that much.**

6

Volunteering is fun!
[Register](#) for a volunteer shift at the Atlanta Community Food Bank.

7

Are you picking up items from a CVS pharmacy? Round up your purchase to donate funds to the Food Bank.

8

Learn about the Hunger Monster on the Food Bank's [website](#).



9

[Like and follow us on](#) Facebook, Instagram, YouTube, and TikTok.

10

Learn how to make [Gnocchi from boxed mashed potatoes](#) and find other healthy recipes on the Food Bank's YouTube channel.

11

Share with [@ACFB](#) on Instagram how you're fighting hunger.



12

[Find one of our more than 700 partners near you](#) and sign up to volunteer.

13

Create your own recipe made from the Food Bank's [most needed items](#).



14

Need food assistance? Visit our [GET HELP](#) page to find a pantry near you.

15

September 15th is National Voter Registration Day!
Your voice matters. [Register to vote!](#)

16

Experience the day of a Food Bank truck driver on our [YouTube page](#).

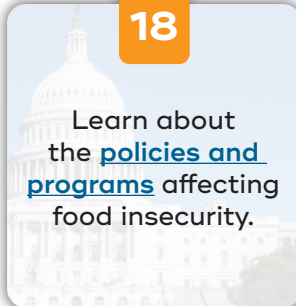


17

Skip eating out and [donate that \\$10 equals about 30 meals](#).

18

Learn about the [policies and programs](#) affecting food insecurity.



19

Join us at 1pm for [Sip n Stroll](#) at New Realm Brewing Co.



20

The Food Bank has many departments and teams. Learn more about how we operate by watching a ["Day in the Life"](#) video.

21

Our Nutrition & Wellness team is sharing their healthy [Buffalo Cauliflower](#) recipe with you!

22

[Find one of our partners near you](#) and ask about donating some healthy foods, culturally preferred foods, or needed specialty items.

23

The holiday season is coming up. Consider starting a [food and fund drive](#).



24

Fill a reusable grocery bag with [food donations](#) and bring it to the Food Bank.

25

While grocery shopping, consider donating **BOGO** items.



26

Our Education team conducts workshops to raise awareness about food insecurity. [Sign your group up today](#).

27

September is also National Fruits and Veggies Month – fill half your plate with the good stuff.



28

Food insecurity impacts every county in the nation. [Find your county](#) and learn how many of your neighbors are food insecure.

29

It's Hunger Action Day! Wear orange today in support.

30

The month's over, but hunger is a year-round issue. Share what you've learned about hunger with your friends and family.