

FEED A FAMILY OF FOUR FOR A DAY

*You can make a difference
in the lives of many
by filling this bag*

BREAKFAST

Box of Cereal or Oatmeal
Dried Fruit
Powdered Milk
100% Fruit Juice

LUNCH

Tuna or Peanut Butter
Soup
Canned Vegetables
Canned Fruit

DINNER

Canned Meats, Beef Stew
Chicken & Dumplings, Meat Sauce
Macaroni & Cheese, Pasta, Rice
Dried Beans
Canned Fruits, Applesauce, or Dried Fruit

Your donation will assist families
Please provide items in a size you would use at home
Please NO GLASS CONTAINERS

**ATLANTA
COMMUNITY
FOOD
BANK** 